



Minute-By-Minute

Minute-By-Minute is the Monthly Newsletter of the

June 2018

North Carolina Association of Municipal Clerks

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President Hunt's June Message:



Called for Such a Time as This



Greetings, Fellow Clerks,

Recently, I had the pleasure of attending my very first IIMC Annual Conference that was held in Norfolk, VA, May 20-23, 2018. What a great experience! Thanks go out to everyone who attended the Conference. Stephanie Kelly was sworn in as the IIMC President. Congratulations once again, Stephanie and I pray God's blessings upon you.

Our board meeting took place on Friday, June 8th at 11:00 AM in the Wells Fargo Building located on 150 Fayetteville Street, Suite 300. It was good to see all of you.

Last month being that Mother's Day is in the month of May, I paid tribute to mothers. I want to pay tribute to fathers in this month of June. How awesome it is that Mother's Day and Father's Day coincide with each other—"ladies first." I decided to research the origin of "ladies first" and came across the following joke:

Two lovers on a mountain decided to commit suicide for not being able to be together. The man said, "I can't bear to see you die first, my love, so I shall jump first". She replied, "Jump my love and I will follow you so we can live together in eternity." Surely enough, the man jumped, but after seeing the horrific graphic of death, the woman had a change in heart and decided she shouldn't jump. She walked away, thus the term, "Ladies First" arose.

Fathers should be the head of the household. Once upon a time, fathers were identified as the breadwinners; however in some homes, this identity has changed. Whatever the case may be, just know, fathers are very special people who help to shape and mold us. Fathers are to be honored, as well as mothers. I pause at this time to give honor to my father and your father—to my mother and your mother with the words of this song:

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Because You Loved Me

For all the times you stood by me, For all the truth that you made me see
For all the joy you brought to my life, For all the wrong that you made right
For every dream you made come true, For all the love I found in you
I'll be forever thankful for you, You're the one who held me up,
You never let me fall, You're the one who saw me through—through it all.

You were my strength when I was weak, You were my voice when I couldn't speak
You were my eyes when I couldn't see, You saw the best there was in me
Lifted me up when I couldn't reach, You gave me faith 'cause you believed
I'm everything I am ...Because you loved me

You gave me wings and made me fly, You touched my hand I could touch the sky
I lost my faith, you gave it back to me. You said no star was out of reach
You stood by me and I stood tall, I had your love I had it all
I'm grateful for each day you gave me, Maybe I don't know that much
But I know this much is true..I was blessed because I was loved by you....

Thank you, fellow clerks, for all that you!! Always remember, that we are a grand design—called,
destined, and appointed FOR SUCH A TIME AS THIS!

Elaine F. Hunt, MMC, NCCMC
NCAMC President

CLERKS—CALLED FOR SUCH A TIME AS THIS

Happy Birthday!

June

- 17 Rhonda Ferebee
Beth Hamrick
Natalie McKinney
- 18 Johnna Browne
Sherry Dunaway
- 20 Mandy Buff
- 21 Michele Davis
Sara Hammonds
Donna Norris
- 22 Becky Breiholz
Judy Collier
Elizabeth Fortner
Kim Ward
- 23 Kristie Kersey
- 24 Kimberly Sutton
Eddie Ward
- 25 Martha Orr
- 26 Jennifer Hemphill
Jane Starling
- 27 Melanie Johnson
- 28 Nancy Jackson
Judy Jeffreys
Dolly Urdanick
Shannan Williams
- 29 Stephanie Thompson
- 30 Keith Hooker
Donna Prince
Janet Rackley



July

- 1 Erinn Nichols
Janice Sherlock
- 2 Terry Anderson
Dale Martin
Carolyne Sigmon
- 3 Cathy Maness
Doris Marion
- 5 Eva Broan
Vickie Mercer
- 6 Dianne Gallimore
- 7 Cindy Burchett
Emily McClain
Karen Park
Gwendolyn Swinney
- 9 Lisa Anglin
Catherine Parker
Lynn Whitlock
- 10 Linda Booth
Shirley Cannon
Glinda Daniels
Mozelle Lindgafelt
Joni Powell
Beth Price
Allison Stalls
- 11 Angel Hudson
- 14 Brenda Williams
- 15 Tracylee Cooper
Paige Deal

Adjusting to Life Changes

Life is beautiful love is real, sickness is inevitable, but faith is glorious. Life is like spring, it brings about new beginnings, freshness, and hope to its season. Life blossoms from birth to old age. A bud or seed blooms from that bud into a beautiful rose. A baby grows into a lovely little boy or girl. These seasons come and go. Some are cold, some mild or warm, and some hot. As life sprouts we live, laugh, and love. We cultivate and then we harvest. We go through changes in our lives, lose our hair, teeth, our ability to move as quickly as in our youth.

The summer heat gives extra life to those seeds to grow and flourish. This is when full growth comes and we harvest our crops. Make a difference in your life, don't be selfish, give back to your community. In the olden days families shared their harvested crops with their neighbors. If one person had they all had something. My grandfather was a farmer and as a little girl I would ride with him to different people's homes to share the fruit of his harvest. This has taught me to do for others and to help whenever I can.

Last year I found out I had congestive heart failure and this illness made me think about the things I used to do. I would visit the elderly, take my neighbors to church services and just help out when I could. Then I let my job and other thing take control of my life. This vacation away from work let me reminisce on the old days. I say that to say this life is short, so BE HAPPY, BE POSITIVE, and BE ENCOURAGING to everyone you meet. If you have a bad day, someone else's day may have been worse than yours. Take a walk, sing a song, love and live life to the fullest. Smile!

Submitted by Katrina Miller, CMC, NCCMC
District 3 Board of Director
Town Clerk, Town of Magnolia

Unusual Places to Visit in the Old North State

Devil's Trampling Ground—Bear Creek—A circular patch in the North Carolina woods

Korner's Folly—Kernersville—A house full of bizarre architectural details.

David Cerny's Metalmorphosis—Charlotte—A psychological self-portrait in the form of a giant, segmented head.

Bain Waterworks Plant—Raleigh—Art Deco urban decay of an historical building.

Mount Airy—Mount Airy—Andy Griffith's hometown.

Outer Banks Futuro House—Frisco—The only known Futuro house in North Carolina.

Grave of Peter Stuart Ney—Cleveland—Mystery surrounds a famous marshal of Napoleon's army.

Mountain Farm House—Cherokee—Step back in time on this 1800's farm.

NC Maritime Museum at Beaufort—Beaufort— Maritime museum holding the remains of Blackbeard's pirate ship.

Hilton Sisters Grave—Charlotte—Conjoined twins Daisy and Violet Hilton.

Grave Diggers Dungeon—Poplar Branch— The Cadillac Ranch for monster truck aficionados.

Joel Lane House Museum—Raleigh—18th century house of the mysterious "Father of Raleigh."

The Bunker Hill Covered Bridge—Claremont— Historic coved bridge, possibly the last of its kind in the U.S.

Mount Mitchell—Burnsville—The highest point in North Carolina.

Old Carbonton Dam—Sanford—An eerily abandoned stone tower is all that remains of a demolished dam on the Cape Fear River.

The History of Father's Day in the United States

There are two stories of when the first Father's Day was celebrated. According to some accounts, the first Father's Day was celebrated in Washington state on June 19, 1910. A woman by the name of Sonora Smart Dodd came up with the idea of honoring and celebrating her father while listening to a Mother's Day sermon at church in 1909. She felt as though mothers were getting all the acclaim while fathers were equally deserving of a day of praise (She would probably be displeased that Mother's Day still gets the lion's share of attention).

Sonora's dad was quite a man. William Smart, a veteran of the Civil War, was left a widower when his wife died while giving birth to their sixth child. He went on to raise the six children by himself on their small farm in Washington. To show her appreciation for all the hard work and love William gave to her and her siblings, Sonora thought there should be a day to pay homage to him and other dads like him. She initially suggested June 5th, the anniversary of her father's death to be the designated day to celebrate Father's Day, but due to some bad planning, the celebration in Spokane, Washington was deferred to the third Sunday in June.

The other story of the first Father's Day in America happened all the way on the other side of the country in Fairmont, West Virginia on July 5, 1908. Grace Golden Clayton suggested to the minister of the local Methodist church that they hold services to celebrate fathers after a deadly mine explosion killed 361 men.

While Father's Day was celebrated locally in several communities across the country, unofficial support to make the celebration a national holiday began almost immediately. William Jennings Bryant was one of its staunchest proponents. In 1924, President Calvin "Silent Cal" Coolidge recommended that Father's Day become a national holiday. But no official action was taken.

In 1966, Lyndon B. Johnson, through an executive order, designated the third Sunday in June as the official day to celebrate Father's Day. However, it wasn't until 1972, during the Nixon administration, that Father's Day was officially recognized as a national holiday.

Happy Father's Day!

7 Vital Characteristics of a Man

Before you even read this article let me first add a disclaimer. I found the following information in an article entitled , “The Art of Manliness.” I did find it very interesting and wanted to pass the information on to you all. As you will see all the supporting quotes are from men. Enjoy !!

1. Physical— “Only a man who knows what it is like to be defeated can reach down to the bottom of his soul and come up with the extra ounce of power it takes to win when the match is even.”

Muhammad Ali

2. Functional— “ Happy the man who, like Ulysses, has made a fine voyage, or has won the Golden Fleece, and then returns, experienced and knowledgeable, to spend the rest of his life among his family!”

Joachim du Bellay

3. Sexual— “ I have always thought that every woman should marry, and no man.”

Benjamin Disraeli

4. Emotional— “Feelings are not supposed to be logical. Dangerous is the man who has rationalized his emotions.”

David Borenstein

5. Intellectual— “To me, being an intellectual doesn’t mean knowing about intellectual issues, it means taking pleasure in them.”

Chinua Achebe

6. Interpersonal— “A true man hates no one.”

Napoleon Bonaparte

7. Other— “The most successful men in the end are those whose success is the result of steady accretion. It is the man who carefully advances step by step, with his mind becoming wider and wider—and progressively better able to grasp any theme or situation –persevering in what he knows to be practical, and concentrating his thought upon it, who is bound to succeed in the greatest degree.”

Alexander Graham Bell

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characteristics continued..

Physical is defined thusly: whether competing for food, fighting hand to hand, or challenging each other in the sporting arena, mastery of one's own physical abilities is an important part of being a man. The most primitive, yet still one of the most prominent traits, a man's physical capability affects everything from self-preservation to mating preferences.

Functional: throughout time, a man's ability and desire to provide for those that depend on him has been central to his masculinity. While utilizing a combination of physical ability, wit, savvy and ambition to succeed, his role as a breadwinner is what drives a man to achieve.

Sexual: when it comes to partnership, the man is perceived to be the less affected of the genders. Traditionally, it has been more acceptable for a man to remain a bachelor later in life compared to a woman. The desire for independence and freedom from the command of others is typically a masculine trait. A man's role as the aggressor in finding a mate is frequently recognized in most cultures, leaving him to seek out and pursue his interest.

Emotional: the denial of one's emotions is ingrained in men from a very early age. The phrase "boys don't cry" about sums it up. Whatever his position, a man must manage without regard to the emotional effect that issues have on him.

Intellectual: men are seen to rely on their intellectual capabilities rather than on emotion or intuition. Utilization of reason and logic enable men to view situations objectively and thus respond to them in a rational way. Only factual information is considered, while "feelings" are deemed unsuitable evidence on which to base decisions.

Interpersonal: men are prone to adopt leadership roles and take the initiative to act on the other's behalf. This can manifest itself negatively in the form of dominant behavior, by suppressing the will of others in the name of self-interest.

Other: some other characteristics commonly attributed to men are ambition, pride, honor, competitiveness and a sense of adventure. These are not necessarily the attributes possessed by the perfect man, but they are displayed to varying degrees, in one way or another, in most all men. They may reveal themselves differently from man to man, as one may use his power and influence for selfish interests, while another will strive for the greater good. Each man must assess his own strengths and weaknesses and find the best use for his vital characteristics.

All this goes to prove is that men have some of the same issues, wants, and desires as women do. We all want the basic elements for survival and if by any chance we find that certain one that we can share our lives with, we can have our cake and eat it too!

Is it summer yet?

I know what the thermometer is registering outside, but is it summer yet? Is it officially here? Is it time to put away the coats and jackets? Can we finally hang up the gloves and mittens? The meteorological answer is “no”. Officially summer will not arrive until Thursday, June 21, 2018 at 6:08 pm.

Summer is the time to start planning those much needed vacations or “staycations”, or mini-getaways. It’s the time to hop in the car and head down to the beach, the lake, or maybe the nearest camp ground. It’s the time to get out of the kitchen and fire up the grill. All that sounds great, but other things happen as well.

The mosquitos come out of hiding, flies take up roost around the porch and if you live in a truly urban area; the snakes and other creepy crawlers make an appearance. I have discovered flies don’t come around until you put food on the grill or on the table! What’s up with that? In my little corner of the state we have these things my father would affectionately call “no see ums”. You would be standing outside enjoying the slight breeze and all of a sudden start itching. You would never see what was biting, but you felt the affects. Summer, what a time of year.

The children are out of school and running rampant around the house and the neighborhood. They are sulking around after about a week saying, “ it’s boring,” or “there’s nothing to do.” If you are like me, you start naming things that can be done, but that’s not what they want to hear. They are “X-boxed or Play-Stationed out.” They have already eaten the refrigerator and the cupboards bear. They have changed the channels on the television so much the remote has smoke coming from it. So, I suggested they go outside. Well, one of them looked at me as if I had asked him to clean out the oven, then he said, “It’s hot out there”! I give up. Summer has just started and I don’t think I am going to make it.

Summer camp is the best thing ever. The only drawback is, it doesn’t start immediately after school ends. You have to wait a week or two, but on that first day I am up and running around the house singing my happy song. I walk into the boy’s room and he is still asleep. The same child that has been getting up at the crack of dawn since school ended is still asleep. I remain calm and say to him, “ It’s time for camp so get up and get ready.” With sleepy, puffed up eyes he looks up at me and says, “Already?” He is about to ruin it for me, but I don’t let him. Summer camp, here he comes.

Yep, summer is on the way, schools have closed and the buses and carpools are not holding up traffic in the mornings. No, no school buses, they have been replaced by charter buses, minivans and car loads of people trying to get to the beach or the mountains. You can tell they are out-of-towners; they are holding up traffic looking for the turn off or street. They stop at the local gas station asking directions because the map on their phones have stopped working. Why? Simple, broadband in some parts of our fair state is the absolute pits.

Summer isn’t really all that bad. If you have no problem with the insects, reptiles, bored children, out-of-town traffic, then you are probably okay. The one thing to remember is, it technically only lasts 3 months.

Happy Summer!

Hurricane Preparedness

For those of us that live in the southeastern part of the state, June is not only the beginning of summer; it is also the beginning of the dreaded hurricane season. It is the time of the year that we start making sure everything is in place and we have all we need just in case. This past hurricane season has taught all of us one thing in particular and that is; you do not have to live on the beach to be affected by a hurricane. Hurricane Matthew was a true example of that. If you live anywhere near a body of water, you need to be prepared.

By starting early, you will avoid the rush at the home supply stores, the grocery stores and hardware stores. These places are typically crowded and somewhat chaotic when hurricane watches and warnings are issued.

These are the six basic things you should have in stock for your home: water, food, first aid supplies, clothing and bedding, tools and emergency supplies and special items. Keep the items you would most likely need during an evacuation in an easy-to-carry container, such as a covered trash container, a camping backpack or a large duffel bag.

Water

Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount. Children, nursing mothers, and ill people will need more.

Store one gallon of water per person per day.

Keep at least a three-day supply of water per person (two quarts for drinking, two quarts for each person in your household for food preparation/sanitation).

Food

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your Disaster Supplies Kit:

Ready-to-eat canned meats, fruits, and vegetables

Canned juices

Staples (salt, sugar, pepper, spices, etc.)

High energy foods

Vitamins

Food for infants

Comfort/stress foods

Non-Prescription Drugs

Aspirin or nonaspirin pain reliever

Anti-diarrhea medication

Antacid (for stomach upset)

Laxative

Activated charcoal

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hurricane continued

Tools and Supplies

Mess kits, or paper cups, plates, and plastic utensils

Emergency preparedness manual

Battery-operated radio and extra batteries

Flashlight and extra batteries

Cash or traveler's checks, change

Non-electric can opener, utility knife

Fire extinguisher: small canister ABC type

Tube tent

Pliers

Tape

Compass

Matches in a waterproof container

Aluminum foil

Plastic storage containers

Signal flare

Paper, pencil

Needles, thread

Medicine dropper

Shut-off wrench, to turn off household gas and water

Whistle

Plastic sheeting

Map of the area (for locating shelters)

Clothing and Bedding

Include at least one complete change of clothing and footwear per person.

Sturdy shoes or work boots

Rain gear

Blankets or sleeping bags

Hat and gloves

Thermal underwear

Sunglasses

Special Items

Baby needs (formula, diapers, bottles, powdered milk and medications)

Adult needs (any medicines, denture needs, contact lenses, and extra glasses)

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hurricane continued

Sanitation

Toilet paper, towelettes

Soap, liquid detergent

Feminine supplies

Personal hygiene items

Plastic garbage bags, ties (for personal sanitation uses)

Plastic bucket with tight lid

Disinfectant

Household chlorine bleach

First Aid Kit

Assemble a first aid kit for your home and one for each car.

(20) adhesive bandages, various sizes.

(1) 5" x 9" sterile dressing.

(1) conforming roller gauze bandage.

(2) triangular bandages.

(2) 3 x 3 sterile gauze pads.

(2) 4 x 4 sterile gauze pads.

(1) roll 3" cohesive bandage.

(2) germicidal hand wipes or waterless alcohol-based hand sanitizer.

(6) antiseptic wipes.

(2) pair large medical grade non-latex gloves.

Adhesive tape, 2" width.

Anti-bacterial ointment.

Cold pack.

Scissors (small, personal).

Tweezers.

CPR breathing barrier, such as a face shield.

Other Items

You should also make preparations for your pets, put all important documents in a waterproof, portable container (wills, passports, insurance policies, deed, stocks and bonds, etc.) You should take something for entertainment such as: cards, board games, and other games that don't require electricity, books for adults and children.

Congratulations

Eddie Ward, Town of Waynesville on receiving the designation of Master Municipal Clerk!

Lisa P. Stites, Town of Oak Island has joined the ranks of Master Municipal Clerks!

We are so proud of these two young ladies, keep up the good work!



Condolences

The Association would like to extend our deepest condolences to Laura Morton, Town Clerk of Biscoe upon the passing of her father. Laura, we love you and will keep you and your family in our thoughts and prayers.

The Association would also like to extend our deepest condolences to the family of Jane Starnes. Jane was the Clerk for the Town of Dublin and passed on May 21st.

We all understand that death is inevitable, but we find comfort in knowing that our loved ones are resting in the arms of the Almighty. May this thought also comfort you during this time of bereavement.

Life is eternal
and love is immortal
and death is only a horizon
and a horizon is nothing
save the limit of our sight

- ossiter Worthington Raymond

Hot Weather Summer Tips

Don't forget to bring along water when you are out and about. Even if you're just taking a stroll around the property, bring water just in case. You might not realize it before it happens, but you can quickly become dehydrated.

Do change up your diet, if necessary. Depending on how much time you spend outside, it might be necessary to alter your diet. If you are more active, you might need more calories in addition to water. Be sure to talk with your doctor before changing your diet too much.

Don't stay outside too long. You shouldn't stay outside for extended amounts of time when the temperatures are high, even if you have water and all the other necessities mentioned here. It's best to avoid prolonged exposure to the super hot sun.

Do enjoy the fresh flowers and sweet smells of the summer time! Soak it all in. Sometimes winter can bring us down. Try to relax and enjoy the beauty of summer!

Don't skip the sunscreen. If you wear makeup, consider using a foundation with SPF already mixed in. A nice lip balm with SPF will also do the trick.

Do participate in as many summer activities as you can. Being social and active is great for your health and well being. Summer should be a time to get out and enjoy what life has to offer with the companionship of fellow community residents.

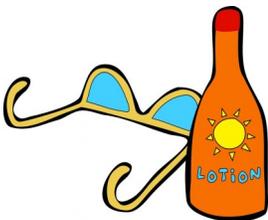
Don't ignore the hot weather warning alerts. Often times, media outlets will talk about hot weather warnings on the news or in the paper. If they recommend staying inside, take their advice.

Do wear proper attire. You'd be surprised how many people forget this tip. Remember to check the weather for the day and dress accordingly.

Don't go too long without eating, especially if you are headed outside. With the hustle-and-bustle of the summer, we often times forget to nourish ourselves properly. Too much exposure to heat can quickly have you feeling exhausted. Eating a well-balanced meal and having snacks when necessary is crucial to feeling well when spending time outdoors.

Do bring along your sun glasses, a hat and perhaps a parasol to keep the sun off your skin. If you're headed outside for long periods of time, try to be prepared for anything!

We hope these 10 do's and don'ts remind you about summer and its many attributes. Be prepared and think ahead if you are heading outdoors. It's a lovely time of the year. Enjoy!



Summer Squash and Zucchini Salad

¼ cup olive oil

8 garlic cloves, thinly sliced

2 pounds assorted summer squashes and zucchini, quartered lengthwise, sliced

Kosher salt

1 teaspoon Aleppo-style pepper, plus more for serving

12 ounces paccheri, ziti, or other large tube pasta

2 ounces Parmesan, grated (about ½ cup), plus more for serving

1 tablespoon fresh lemon juice

½ cup basil leaves

Heat oil in a large skillet over medium. Cook garlic, stirring occasionally, until very lightly browned around the edges, about 4 minutes. Add squash; season with salt. Cook, tossing occasionally, until squash begins to break down and gets jammy (they may start to stick to the skillet a bit, which means you are there!), 12–15 minutes. Toss in 1 tsp. Aleppo-style pepper.

Meanwhile, cook pasta in a large pot of boiling salted water, stirring occasionally, until very al dente.

Transfer pasta to skillet using a slotted spoon or spider and add ½ cup pasta cooking liquid. Cook pasta, adding 2 oz. Parmesan in stages along with more pasta cooking liquid as needed, until sauce coats pasta and pasta is al dente. Toss in lemon juice and most of the basil.

Divide pasta among bowls and top with more Parmesan and Aleppo-style pepper and remaining basil.

